

SUN MON TUE WED THUR FRI SAT



SUN	MON	TUE	WED	THUR	FRI	SAT
		LOCATION KEY AR- 2nd Fl - Activity Room C-1st Fl - Cafe Ch 1979 - Channel 1979 DR - Dining Room L - Lobby	MM-3rd Fl - Media Room L/OOB/\$\$/ * - Meet in Lobby/Out of Building/ Cost Involved/ Registration Required PDR - Private Dining Room P-1st Fl - PUB	9:45 Forever Young Fitness Class (MM-3rd Fl) 1 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Resident Council (MM-3rd Fl) 3:00 Pinochle Player's Club (C-1st Fl) 3:15 Balloon Volleyball (MM-3rd Fl) 4:00 Knowing the Natural World: Geysers & Hot Springs (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Way We Were (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 2 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour with Entertainment by Calvin (DR) 2:00 Jeopardy (MM-3rd Fl) 3:15 Classical Music Appreciation: Franz Liszt (MM-3rd Fl) 4:00 Word Search Competition (MM-3rd Fl) 6:45 Movie: The Ugly Truth (Ch 1979)	10:00 Exercise for Seniors (Ch 1979) 3 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Learn & Practice Needlepoint with John (AR- 2nd Fl) 6:45 Movie: Weekend at Bernie's (Ch 1979)
10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 4 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Cornhole (MM-3rd Fl) 3:00 Soda Float Social (P-1st Fl) 6:45 Movie: What Women Want (Ch 1979)	Labor Day 10:00 Exercise for Seniors (Ch 1979) 5 10:45 Puzzle Club (Resident Led) (C-1st Fl) 11:10 Would You Rather? Labor Day Edition (MM-3rd Fl) 2:00 Labor Day Jingo (MM-3rd Fl) 3:15 Labor Day Trivia & Word Games (MM-3rd Fl) 6:45 Movie: Young at Heart (Ch 1979)	9:45 Exercise with Weights (MM-3rd Fl) 6 9:45 Shopping Run: Walgreen's Pharmacy (L/OOB/\$\$/*) 10:45 Katie's Corner: Defining Healthy Aging (MM-3rd Fl) 1:45 Watercolors on Canvas: Autumn Tree (AR- 2nd Fl) 2:45 Iced Coffee Social (P-1st Fl) 3:30 Spring Mill Chorus: Patriotic Practice (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Wild Bunch (Ch 1979)	9:45 Balance in Action Exercise Class (MM-3rd Fl) 7 10:45 Volunteer Committee: Welcoming Committee (L) 2:00 Celebrations Showcase & Description (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 3:00 Men's Club (P-1st Fl) 4:00 Words in a Word (MM-3rd Fl) 6:45 Movie: An Unfinished Life (Ch 1979)	9:45 Forever Young Fitness Class (MM-3rd Fl) 8 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Jeopardy (MM-3rd Fl) 2:00 Trip to Highland Orchards (L/OOB/\$\$/*) 3:00 Board Game Bonanza: Scrabble (C-1st Fl) 3:00 Pinochle Player's Club (C-1st Fl) 4:00 Moments in History: The Berlin Wall (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Trapped in Paradise (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 9 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour & Bar Trivia (C-1st Fl) 3:15 Art Appreciation: J.M.W. Turner (MM-3rd Fl) 4:00 Category Word Game: AMBER (MM-3rd Fl) 6:45 Movie: The Truth About Cats and Dogs (Ch 1979)	10:00 Exercise for Seniors (Ch 1979) 10 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Make & Take: Chocolate Dipped Delights (AR- 2nd Fl) 6:45 Movie: The Terminal (Ch 1979)
Patriot Day Grandparent's Day 10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 11 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:00 Tailgaters: Eagles Vs Lions (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Make Your Own Ice Cream Sundae (P-1st Fl) 3:00 Spring Mill Chorus Presents Patriotic Songs (L) 6:45 Movie: World Trade Center (Ch 1979)	9:45 Exercise Class (MM-3rd Fl) 12 10:45 Puzzle Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Milton Hershey (MM-3rd Fl) 2:00 Culinary Club: Cinnamon Roll Apple Bake (AR- 2nd Fl) 2:00 Shopping Run: Giant (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Sweet Home Alabama (Ch 1979)	9:45 Exercise with Weights (MM-3rd Fl) 13 10:45 Katie's Corner: Organization & the Brain (MM-3rd Fl) 1:45 Science for Seniors (AR- 2nd Fl) 2:45 Tea Party (P-1st Fl) 3:30 Name That Tune: Famous One Hit Wonders (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Student Prince (Ch 1979)	9:45 Balance in Action Exercise Class (MM-3rd Fl) 14 10:45 Hand & Shoulder Massages (AR- 2nd Fl) 2:00 New Resident Social (P-1st Fl) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 3:00 Pokeno (MM-3rd Fl) 4:00 Technology & You (MM-3rd Fl) 6:45 Movie: Stranger Than Fiction (Ch 1979)	9:45 Forever Young Fitness Class (MM-3rd Fl) 15 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Wheel of Fortune (MM-3rd Fl) 3:00 Board Game Bonanza: Qwirkle (C-1st Fl) 3:00 Pinochle Player's Club (C-1st Fl) 4:00 Exploring Countries, Then & Now: Germany (MM-3rd Fl) 4:30 Dining Club Out: Chadwick's (L/OOB/\$\$/*) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Switch (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 16 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour (DR) 2:00 Resident Birthday Celebration with Bill Long (DR) 3:30 Who Am I? Famous September Birthdays (MM-3rd Fl) 4:00 Crossword Puzzle (MM-3rd Fl) 6:45 Movie: A Street Car Named Desire (Ch 1979)	10:00 Exercise for Seniors (Ch 1979) 17 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Welcome Fall Wood Sign Paintings (AR- 2nd Fl) 6:45 Movie: Seven Pound (Ch 1979)
10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 18 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Cornhole (MM-3rd Fl) 3:00 Ice Cream Novelty Social (P-1st Fl) 6:45 Movie: Sherlock Holmes (Ch 1979)	9:45 Exercise Class (MM-3rd Fl) 19 10:45 Mystery Monday: German Folklore (MM-3rd Fl) 10:45 Puzzle Club (Resident Led) (C-1st Fl) 2:00 Crafty Crew: Yarn Wrapped Apples (AR- 2nd Fl) 2:00 Shopping Run: Target (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Secretariat (Ch 1979)	9:45 Exercise with Weights (MM-3rd Fl) 20 10:00 Confession with Father Gary (MM-3rd Fl) 10:45 Katie's Corner: Community Health & Well-Being (MM-3rd Fl) 2:30 Cooking Demonstration with Chef Mike & Chef Howie (P-1st Fl) 3:30 Spring Mill Chorus: Planning/New Music Choices (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Singin' in the Rain (Ch 1979)	9:45 Balance in Action Exercise Class (MM-3rd Fl) 21 10:45 Reveal a Picture: Famous Germans (MM-3rd Fl) 2:00 Oktoberfest Celebration with Entertainment by Steve Walker (DR) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 3:15 Destination Education: Germany (MM-3rd Fl) 4:00 The History of Lederhosen & Dimdls (MM-3rd Fl) 4:30 Themed Dinner: German (DR) 5:30 Themed Dinner: German (DR) 6:45 Movie: Sense and Sensibility (Ch 1979)	9:45 Forever Young Fitness Class (MM-3rd Fl) 22 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Culinary Services Meeting (MM-3rd Fl) 3:00 Board Game Bonanza: Sorry! 3:00 Pinochle Player's Club (C-1st Fl) 4:00 Technology of Today: Mixology & Brewing (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Scorpion King (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 23 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour & Bar Trivia (C-1st Fl) 3:15 Listen & Learn: Ray Charles (MM-3rd Fl) 4:00 A to Z: All About Autumn (MM-3rd Fl) 6:45 Movie: Runaway Bride (Ch 1979)	10:00 Exercise for Seniors (Ch 1979) 24 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Meditation and the Mind (MM-3rd Fl) 6:45 Movie: The Return of the Pink Panther (Ch 1979)
10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 25 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:00 Tailgaters: Eagles Vs Commanders (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Creative Writing (AR- 2nd Fl) 3:00 Hot Fudge Sundae Social (P-1st Fl) 6:45 Movie: Rat Race (Ch 1979)	Rosh Hashanah 9:45 Exercise Class (MM-3rd Fl) 26 10:45 Cranium Crunches (MM-3rd Fl) 10:45 Puzzle Club (Resident Led) (C-1st Fl) 2:00 Culinary Club: Apple Dump Cake (AR- 2nd Fl) 2:00 Shopping Run: Redner's (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Queen and Country (Ch 1979)	9:45 Exercise with Weights (MM-3rd Fl) 27 10:45 Katie's Corner: Establishing Personal Boundaries (MM-3rd Fl) 1:45 Bingo Bucks Bonanza!! (3rd Floor Residents) (MM-3rd Fl) 2:30 Bingo Bucks Bonanza!! (1st & 2nd Floor Residents) (MM-3rd Fl) 3:30 Name that Tune: Autumn Songs (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Raising Arizona (Ch 1979)	9:45 Balance in Action Exercise Class (MM-3rd Fl) 28 10:45 Volunteer Committee: Visit with Memory Care Residents (L) 2:00 Movie Matinee: (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 4:00 Boggle Word Game (MM-3rd Fl) 6:45 Movie: Pushing Tin (Ch 1979)	9:45 Forever Young Fitness Class (MM-3rd Fl) 29 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 3:00 Board Game Bonanza: Guess Who? (C-1st Fl) 3:00 Pinochle Player's Club (C-1st Fl) 4:00 Food for Thought: Honey (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Poseidon (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 30 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour (DR) 3:15 Best of Broadway (MM-3rd Fl) 4:00 Category Word Game: CHEST (MM-3rd Fl) 6:45 Movie: Paul Blart, Mall Cop (Ch 1979)	The Celebrations program is subject to change. Please refer to your daily program for updates.

September 2022

Spring Mill Senior Living
 3000 Balfour Circle Phoenixville, PA 19460

