

SUN MON TUE WED THUR FRI SAT

| | | | | | | |
|---|--|--|---|---|--|---|
|  | <p>The Celebrations program is subject to change. Please refer to your daily program for updates.</p> | | <p>9:45 Balance in Action Exercise Class (MM-3rd Fl) 1 10:45 Volunteer Committee: Welcoming Ambassadors (L) 2:00 Celebrations Showcase, Description, & Planning Committee (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 3:00 Pinochle Player's Club (C-1st Fl) 4:00 Gardening Club (P-1st Fl) 6:45 Movie: An Affair to Remember (Ch 1979)</p> | <p>9:45 Forever Young Fitness Class (MM-3rd Fl) 2 10:00 Spring Mill Health Fair (PA) 10:30 Rosary with The Legion of Mary (PDR) 2:00 Resident Council (MM-3rd Fl) 3:15 Balloon Volleyball (MM-3rd Fl) 4:00 Moments in History: The Golden Age of Hollywood (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Air Force One (Ch 1979)</p> | <p>9:45 Exercise with Noodles (MM-3rd Fl) 3 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour & Bar Trivia (DR) 3:30 Poetry Appreciation: T.S. Eliot (MM-3rd Fl) 4:00 Word Search Competition (MM-3rd Fl) 6:45 Movie: Annie (Ch 1979)</p> | <p>10:00 Exercise for Seniors (Ch 1979) 4 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Yoga with Katie (MM-3rd Fl) 6:45 Movie: A Beautiful Mind (Ch 1979)</p> |
| <p>10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 5 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 1:30 Phillies Fans: Phillies Vs Angels (P-1st Fl) 2:00 Sunday Scribblings (AR-2nd) 3:00 Make Your Own Ice Cream Sundaes (P-1st Fl) 6:45 Movie: The Birds (Ch 1979)</p> | <p>9:45 Exercise Class (MM-3rd Fl) 6 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Marilyn Monroe (MM-3rd Fl) 1:30 July IQ & Monthly Gazette 2:00 Culinary Club: Strawberry Muffins (AR-2nd) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Giant (L/OOB/\$\$/*) 2:15 July IQ & Monthly Gazette 3:00 July IQ & Monthly Gazette 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: The Blindside (Ch 1979)</p> | <p>9:45 Exercise with Weights (MM-3rd Fl) 7 10:45 Katie's Corner: Conflict Resolution (MM-3rd Fl) 1:45 Watercolors on Canvas: Sweet Summer Watermelon (AR- 2nd Fl) 3:30 Name That Tune: Songs About Dad (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Josh Groban in Concert (Ch 1979)</p> | <p>9:45 Balance in Action Exercise Class (MM-3rd Fl) 8 10:45 Volunteer Committee: Birthday Cards (L) 2:00 New Resident Social (P-1st Fl) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 3:00 Music Bingo (MM-3rd Fl) 4:00 Gardening Club (P-1st Fl) 6:45 Movie: Singin' in the Rain (Ch 1979)</p> | <p>9:45 Forever Young Fitness Class (MM-3rd Fl) 9 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 11:30 Summer Picnic in the Park: Marsh Creek (L/OOB) 2:00 Jeopardy (MM-3rd Fl) 3:00 Destination Education: Thailand (MM-3rd Fl) 4:00 Exploring Countries, Then & Now: Thailand (MM-3rd Fl) 4:30 Themed Dinner: Thai (DR) 5:30 Themed Dinner: Thai (DR) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Blazing Saddles (Ch 1979)</p> | <p>9:45 Exercise with Noodles (MM-3rd Fl) 10 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour with Entertainment by Michael Kropp (DR) 3:30 Classical Music Appreciation: Antonio Vivaldi (MM-3rd Fl) 4:00 Category Word Game: CLAWS (MM-3rd Fl) 6:45 Movie: Bruce Almighty (Ch 1979)</p> | <p>10:00 Exercise for Seniors (Ch 1979) 11 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Needlepoint with John (MM-3rd Fl) 6:45 Movie: Casino Royale (Ch 1979)</p> |
| <p>10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 12 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 12:00 Father's Day BBQ (PA) 1:30 Catholic Mass (Ch 1979) 1:30 Phillies Fans: Phillies Vs D-Backs (P-1st Fl) 2:00 Backyard Games on the Patio (PA) 3:00 Ice Cream Novelty Social (P-1st Fl) 6:45 Movie: Casablanca (Ch 1979)</p> | <p>9:45 Exercise Class (MM-3rd Fl) 13 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Mystery Monday: The Story of King Author (MM-3rd Fl) 2:00 Crafty Crew: Flower Drop Ornaments (AR-2nd) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Dollar Tree (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Chicago (Ch 1979)</p> | <p>Flag Day 9:45 Exercise with Weights (MM-3rd Fl) 14 10:45 Katie's Corner: The Family (MM-3rd Fl) 2:00 Paint by Number (AR-2nd) 2:45 Collector's Club (AR- 2nd Fl) 3:30 Spring Mill Chorus (MM-3rd Fl) 4:00 Walking Club (L) 4:30 Dining Out Club: La Sponda (L/OOB/\$\$/*) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Last of the Mohicans (Ch 1979)</p> | <p>9:45 Balance in Action Exercise Class (MM-3rd Fl) 15 10:45 Volunteer Committee: Party Prep (L) 2:00 Resident Birthday Celebration with Entertainment by Tom Guest (DR) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 3:30 Who Am I? Famous June Birthdays (MM-3rd Fl) 4:00 Gardening Club (P-1st Fl) 6:45 Movie: An Unfinished Life (Ch 1979)</p> | <p>9:45 Forever Young Fitness Class (MM-3rd Fl) 16 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 11:15 Depart for Community Music School Performance (L/OOB) 2:00 Wheel of Fortune (MM-3rd Fl) 3:00 Cooking Demonstration with Chef Mike & Chef Howie (P-1st Fl) 4:00 Technology of Today: Filmmaking (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Charlie's Angels (Ch 1979)</p> | <p>9:45 Exercise with Noodles (MM-3rd Fl) 17 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour and Bar Trivia (DR) 3:30 Art Appreciation: Richard Avedon (MM-3rd Fl) 4:00 Crossword Puzzle (MM-3rd Fl) 6:45 Movie: Children of Men (Ch 1979)</p> | <p>10:00 Exercise for Seniors (Ch 1979) 18 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Music & Meditation (MM-3rd Fl) 6:45 Movie: Dying Young (Ch 1979)</p> |
| <p>Father's Day 10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 19 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Father's Day Trivia & Word Games (P-1st Fl) 3:00 Make Your Own Ice Cream Sundaes (P-1st Fl) 6:45 Movie: Holiday (Ch 1979)</p> | <p>9:45 Exercise Class (MM-3rd Fl) 20 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Cranium Crunches (MM-3rd Fl) 2:00 Culinary Club: S'mores Bars (AR-2nd) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Walmart (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Freaky Friday (Ch 1979)</p> | <p>9:45 Exercise with Weights (MM-3rd Fl) 21 10:00 Confession with Father Gary (MM-3rd Fl) 10:45 Katie's Corner: Our Social Network (MM-3rd Fl) 2:00 First Day of Summer Social (PA) 2:00 Summer Ice Cream Tasting Tour: Chester Springs Creamery at Milky Way Farm (L/OOB/\$\$/*) 3:00 Discussion of Different Faiths: Buddhism (MM-3rd Fl) 3:30 Name That Tune: Songs of the Summer (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Legend of Zorro (Ch 1979)</p> | <p>9:45 Balance in Action Exercise Class (MM-3rd Fl) 22 10:45 Volunteer Committee: Visit in Memory Care (L) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 2:00 Seymour's Summer Movie Series: "World of Discovery" (MM-3rd Fl) 3:00 Frisbee Golf (PA) 4:00 Gardening Club (P-1st Fl) 6:45 Movie: Life Free and Die Hard (Ch 1979)</p> | <p>9:45 Forever Young Fitness Class (MM-3rd Fl) 23 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Culinary Services Committee (MM-3rd Fl) 3:00 Drumming Exercise Class (MM-3rd Fl) 4:00 Knowing the Natural World: Sea Mammals (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Hancock (Ch 1979)</p> | <p>9:45 Exercise with Noodles (MM-3rd Fl) 24 10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour with Entertainment by John Bauer (DR) 3:30 Listen & Learn: Judy Garland (MM-3rd Fl) 4:00 Category Word Game: CREST 6:45 Movie: The King's Speech (Ch 1979)</p> | <p>10:00 Exercise for Seniors (Ch 1979) 25 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Summertime Wood Cut Outs (AR- 2nd Fl) 6:45 Movie: La Boheme (Ch 1979)</p> |
| <p>10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 26 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Backyard Games on the Patio (PA) 3:00 Soda Float Social (P-1st Fl) 6:45 Movie: Last Chance Harvey (Ch 1979)</p> | <p>9:45 Exercise Class (MM-3rd Fl) 27 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Meryl Streep (MM-3rd Fl) 2:00 Make & Take: Succulent Sand Art Terrariums (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Redner's (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Lost in Space (Ch 1979)</p> | <p>9:45 Exercise with Weights (MM-3rd Fl) 28 10:45 Katie's Corner: Stepping Out of our Comfort Zone (MM-3rd Fl) 1:45 Bingo Bucks Bonanza (1st & 2nd Floor Residents) (MM-3rd Fl) 2:00 Summer Ice Cream Tasting Tour: Petrucci's (L/OOB/\$\$/*) 2:30 Bingo Buck Bonanza (3rd Floor Residents) (MM-3rd Fl) 3:30 Spring Mill Chorus (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:00 Spring Mill's Summer Concert Series with Entertainment by Chris Holt (PA) 7:45 Movie: The Queen and Country (Ch 1979)</p> | <p>9:45 Balance in Action Exercise Class (MM-3rd Fl) 29 10:45 Volunteer Committee: Library Clean-Up (L) 2:00 Knock 'Em Down with Water Guns (PA) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 4:00 Gardening Club (P-1st Fl) 6:45 Movie: Home of the Brave (Ch 1979) 6:45 Wine Down Wednesday Wine Tasting (P-1st Fl)</p> | <p>9:45 Forever Young Fitness Class (MM-3rd Fl) 30 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Make & Take: Guacamole (AR-2nd) 3:00 Men's Club (P-1st Fl) 4:00 Food for Thought: Avocado (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Patriot (Ch 1979)</p> | <p>LOCATION KEY AR- 2nd Fl - Activity Room C-1st Fl - Cafe Ch 1979 - Channel 1979 DR - Dining Room L - Lobby L/OOB - Lobby/Out Of Building</p> | <p>MM-3rd Fl - Media Room L/OOB/\$\$/* - Meet in Lobby/Out of Building/Cost Involved/Registration Required PA - Patio PDR - Private Dining Room P-1st Fl - PUB</p> |

June 2022

Spring Mill Senior Living
 3000 Balfour Circle Phoenixville, PA 19460



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2022

Memory Care

| | | | | | | |
|---|---|--|---|--|---|---|
| <p>10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Trivia 3:00 Balloon toss</p> | <p>10:00 Chair exercise 11:00 Scenic drive with Charlie 2:00 Express yourself: Making butterflies 3:00 Butterfly trivia 4:00 Planting and Gardening</p> | <p>10:00 Move and Groove 11:00 Baking 2:00 Dean Martin trivia 3:00 Unusual pets 4:00 Creative corner</p> | <p>10:00 Shake and move 11:00 Trivia: 15 biggest blooms 2:00 Making floral puzzles 3:00 Guy's club with Mitch 4:00 Flower pressing</p> | <p>10:00 Chair stretches 10:30 Prayer and Communion 11:00 Baking 2:00 Express your creativity 3:00 Bingo 4:00 Table games</p> | <p>10:00 Exercise 11:00 Morning devotional 2:00 Happy hour 3:00 Make your own donut 4:00 Donut trivia</p> | <p>10:00 Stretcher exercise 11:00 Art 3:00 Ball toss 4:00 Bingo</p> |
| <p>10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Trivia 3:00 Balloon toss</p> | <p>10:00 Chair exercise 11:00 Scenic drive with Charlie 2:00 Great Barrier Reef trivia 3:00 Ocean animal mural 4:00 Planting and Gardening</p> | <p>10:00 Move and Groove 11:00 Baking with Strawberries 2:00 The Strawberry Moon tradition 3:00 Be creative: Watercolor Moon 4:00 Army Trivia (US)</p> | <p>10:00 Shake and move 11:00 Top 10 Nature photographers 2:00 Nature photographs 3:00 Guy's club with Mitch-Father's Day celebration 4:00 Creative corner: Making braided picture frames</p> | <p>10:00 Chair stretches 10:30 Prayer and Communion 11:00 Baking: Fudge 2:00 Remembering the boardwalk 3:00 Trivia</p> | <p>10:00 Exercise 11:00 Jeopardy 2:00 Happy hour 3:00 Westminster Dog show facts and trivia 4:00 Dog word games</p> | <p>10:00 Stretcher exercise 11:00 Trivia 3:00 Ball toss 4:00 Bingo</p> |
| <p>10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Art 3:00 Bowling</p> | <p>10:00 Chair exercise 11:00 Scenic drive with Charlie 2:00 Planting and Gardening 3:00 Making Ice Cream soda's 4:00 Remembering visiting the Ice Cream shop</p> | <p>10:00 Move and Groove 11:00 Creative corner 2:00 Baking: Peaches and Cream 3:00 Summer sing along/Remembering the Good old summertime</p> | <p>10:00 Shake and move 11:00 Word games 2:00 Making Yarn butterflies 3:00 Guy's club with Mitch 4:00 Trivia</p> | <p>10:00 Chair stretches 10:30 Prayer and Communion 11:00 Baking 2:00 Wheel of Fortune 3:00 Express yourself 4:00 Bingo</p> | <p>10:00 Exercise 11:00 Sing along 2:00 Happy hour 3:00 Use your senses 4:00 Jeopardy: Scents and smells edition</p> | <p>10:00 Stretcher exercise 11:00 Art 3:00 Balloon toss 4:00 Trivia</p> |
| <p>10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Art 3:00 Trivia</p> | <p>10:00 Chair exercise 11:00 Scenic drive with Charlie 2:00 Trivia 3:00 Express yourself 4:00 Planting and Gardening</p> | <p>10:00 Move and Groove 11:00 Creative corner 2:00 Baking: Making S'mores 3:00 Remembering Summer Camp 4:00 Camp facts and trends</p> | <p>10:00 Shake and move 11:00 Trivia 2:00 Remember when: Travel before the Interstate 3:00 Guy's club with Mitch/Interstate trivia 4:00 Remembering the Burma shave</p> | <p>10:00 Chair stretches 10:30 Prayer and Communion 11:00 Creative Corner: Fish mural 2:00 Fish word games 3:00 Learning about the Fish and Wildlife service 4:00 Gone Fishin'</p> | <p>All activities subject to change Activities bolded in blue- Sensory based activities Each and every morning we check on our animal friends at the San Francisco Zoo HAPPY SUMMER</p> | |

Father's Day
Juneteenth

Summer Begins

Shavuot Begins