

Mother's Day 10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 1:30 Phillies Fans: Phillies Vs Mets (MM-3rd Fl) 2:00 Mother's Day Trivia & Word Games (P-1st Fl) 3:00 Ice Cream Novelty Social (P-1st Fl) 6:45 Movie: Singin' in the Rain (Ch 1979)	8	9:45 Exercise Class (MM-3rd Fl) 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Katherine Hepburn (MM-3rd Fl) 2:00 Culinary Club: Oatmeal Raisin Cookies (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Giant (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Blazing Saddles (Ch 1979)	9	9:45 Exercise with Weights (MM-3rd Fl) 10:45 Katie's Corner: Effective Communication (MM-3rd Fl) 1:45 Watercolors on Canvas: Lavender Flowers (AR- 2nd Fl) 2:45 Make Your Own Mini-Pie Bar & Social (P-1st Fl) 3:30 Spring Mill Chorus (MM-3rd Fl) 4:00 Walking Club (L) 4:30 Dining Club Out: ChopHouse Grille (L/OOB/\$\$/*) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Bruce Almighty (Ch 1979)	10	9:45 Balance in Action Exercise Class (MM-3rd Fl) 10:45 Volunteer Committee: Welcoming New Residents (P-1st Fl) 2:00 New Resident Social (P-1st Fl) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 3:15 Legends of America: Heroes & Patriots (MM-3rd Fl) 4:00 Gardening Club (P-1st Fl) 6:45 Movie: Casino Royale (Ch 1979)	11	9:45 Forever Young Fitness Class (MM-3rd Fl) 10:30 Rosary with The Legions of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Jeopardy (MM-3rd Fl) 3:00 Drumming Exercise Class (MM-3rd Fl) 3:30 Men's Club (P-1st Fl) 4:00 Moments in History (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Casablanca (Ch 1979)
10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Cornhole (MM-3rd Fl) 3:00 Soda Float Social (P-1st Fl) 6:45 Movie: An Unfinished Life (Ch 1979)	15	9:45 Exercise Class (MM-3rd Fl) 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Food for Thought: Hummus (MM-3rd Fl) 2:00 Crafty Crew: Patriotic Home Decor (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Target (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Charlie's Angels (Ch 1979)	16	9:45 Exercise with Weights (MM-3rd Fl) 10:45 Katie's Corner: Heroes & Heroism (MM-3rd Fl) 1:45 Paint by Number (AR- 2nd Fl) 2:45 Make & Take: Fruit Salad (AR- 2nd Fl) 3:30 Name That Tune: Colorful Song Titles (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Children of Men (Ch 1979)	17	9:45 Balance in Action Exercise Class (MM-3rd Fl) 10:45 Volunteer Committee: Visit Memory Care Residents (P-1st Fl) 2:00 Resident Birthday Celebration with Entertainment by Tom Guest (DR) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 3:30 Who Am I? Famous May Birthdays (MM-3rd Fl) 4:00 Gardening Club (P-1st Fl) 6:45 Movie: Dying Young (Ch 1979)	18	9:45 Forever Young Fitness Class (MM-3rd Fl) 10:30 Rosary with The Legions of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 11:15 Depart for Communion Performance (L/OOB) 1:00 Phillies Fans: Phillies Vs Mets (MM-3rd Fl) 2:00 Wheel of Fortune (MM-3rd Fl) 3:00 Cooking Demonstration (MM-3rd Fl) 4:00 Technology of Today: (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Holiday (Ch 1979)
10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 1:30 Phillies Fans: Phillies Vs Dodgers (MM-3rd Fl) 2:00 Putt-Putt on the Back Patio (PA) 3:00 Make Your Own Ice Cream Sundae Social (P-1st Fl) 6:45 Movie: Live Free or Die Hard (Ch 1979)	22	9:45 Exercise Class (MM-3rd Fl) 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Laurence Olivier (MM-3rd Fl) 2:00 Culinary Club: Lemon Blueberry Muffins (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Redner's (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Hancock (Ch 1979)	23	9:30 Depart for Sight & Sound Theater "David" (L/OOB/\$\$/*) 9:45 Exercise with Weights (MM-3rd Fl) 10:45 Katie's Corner: Learn Who We Are (MM-3rd Fl) 1:45 Hungry Hippos Spring Mill Style (MM-3rd Fl) 2:45 Discussions of Different Faiths: Hinduism (MM-3rd Fl) 3:30 Spring Mill Chorus (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The King's Speech (Ch 1979)	24	9:45 Balance in Action Exercise Class (MM-3rd Fl) 10:45 Volunteer Committee: Library Clean-Up (LB) 2:00 Music Bingo (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 4:00 Gardening Club (P-1st Fl) 6:45 Movie: La Boheme (Ch 1979) 6:45 Wine Down Wednesday Wine Tasting	25	9:45 Forever Young Fitness Class (MM-3rd Fl) 10:30 Rosary with The Legions of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Culinary Services Coffee Social (MM-3rd Fl) 3:00 Drumming Exercise Class (MM-3rd Fl) 3:30 Men's Club (P-1st Fl) 4:00 Knowing the Natural World: Amazon Rainforest (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Last Chance (Ch 1979)
10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Ladderball (MM-3rd Fl) 3:00 Milkshake Social (P-1st Fl) 6:45 Movie: Home of the Brave (Ch 1979)	29	Memorial Day 10:45 Card Club (Resident Led) (C-1st Fl) 11:10 Patriotic Sing Along (MM-3rd Fl) 2:00 I Love America Jingo (MM-3rd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Patriotic Trivia and Bomb Pops Social (PA) 6:45 Movie: The Patriot (Ch 1979)	30	9:45 Exercise with Weights (MM-3rd Fl) 10:45 Picture Trivia (MM-3rd Fl) 1:45 Bingo Buck Bonanza (3rd Floor Residents) (MM-3rd Fl) 2:30 Bingo Bucks (1st & 2nd Floor Residents) (MM-3rd Fl) 4:00 Walking Club (L) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Top Gun (Ch 1979)	31	LOCATION KEY AR- 2nd Fl - Activity Room C-1st Fl - Cafe Ch 1979 - Channel 1979 DR - Dining Room LB - Library L - Lobby L/OOB - Lobby/Out Of Building		MM-3rd Fl - Media Room L/OOB/\$\$/* - Meeting Room Out of Building/Community Room Registration Required PA - Patio PDR - Private Dining Room P-1st Fl - PUB

May 2022

Spring Mill Senior Living
3000 Balfour Circle Phoenixville, PA 19460



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Trivia 3:00 Balloon toss May Day	2 National Herb Week Begins 10:00 Chair stretches 11:00 Scenic drive with Charlie 2:00 Herbs of America 3:00 Herb art 4:00 Music sing along and trivia	3 10:00 Move and Groove 11:00 Inspiration hour 2:00 Creative Corner 3:00 Planting an herb garden 4:00 Herb garden Crossword	4 10:00 Shake and wiggle 11:00 Baking 1:30 Spa day 2:00 Making herbal tea 3:00 Mother's Day herbal tea tasting	5 10:00 Stretch and Move 10:30 Communion and Prayer 11:00 Crafting club 2:00 Travel down Mexico way 3:00 Celebrations around the world: Cinco de Mayo Cinco de Mayo	6 10:00 Chair exercises 11:00 Craft and Go 2:00 Happy Hour 3:00 Word games 4:00 Bingo	7 10:00 Stretcherchise 11:00 Art 3:00 Ball toss 4:00 Bingo
8 10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Bean bag toss 3:00 Trivia Mother's Day	9 10:00 Chair stretches 11:00 Scenic drive with Charlie 2:00 Baking: Kentucky Derby Pie 3:00 Off to the races: The Kentucky Derby	10 Milky Way Day 10:00 Move and Groove 11:00 Baking through the Universe 2:00 Learning about Astronomy and the Milky Way 3:00 Constellation in a jar 4:00 Corn hole	11 Mother Ocean Day 10:00 Shake and wiggle 11:00 Facts about the Ocean 2:00 Name that Ocean 3:00 Men's Club with Mitch/Tour of America 4:00 Ocean Art	12 Nurses Day 10:00 Stretch and Move 10:30 Communion and prayer 11:00 Inspiration hour 2:00 Nursing and Florence Nightingale trivia 3:00 Art hour 4:00 Katherine Hepburn movie trivia	13 10:00 Chair exercises 11:00 Sing along 2:00 Happy Hour 3:00 Express yourself 4:00 Bingo	14 10:00 Stretcherchise 11:00 Art 3:00 Trivia 4:00 Ring toss
15 10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Art 3:00 Bowling	16 10:00 Chair stretches 11:00 Scenic drive with Charlie 2:00 Card and table games 3:00 Manicure Monday 4:00 Jeopardy	17 10:00 Move and Groove 11:00 Today in History: Brown vs. Board of Education 2:00 Flower superstitions 3:00 Daisy Art 4:00 Reminiscing: Spring Gardening	18 10:00 Shake and wiggle 11:00 Wheel of Fortune 2:00 Today and History: Hally's comet and NASA 3:00 Men's Club with Mitch/Let your creative side shine 4:00 Word games	19 A Berry nice Day 10:00 Stretch and Move 10:30 Communion and Prayer 11:00 Bingo 2:00 Baking with Berries 3:00 Berry facts and trivia 4:00 Painting Strawberry rocks	20 10:00 Chair exercises 11:00 Aviation firsts 2:00 Happy hour 3:00 Today in history: Charles Lindbergh and Amelia Earhart flights 4:00 Creative corner	21 10:00 Stretcherchise 11:00 Armed Forces trivia 3:00 Ball toss 4:00 Bingo Armed Forces Day
22 "It's a Beautiful Day in the Neighborhood" Day 10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Remembering Fred Rogers 3:00 Balloon volley	23 World Turtle Day 10:00 Chair stretches 11:00 Scenic drive with Charlie 2:00 Turtle trivia 3:00 Making Clay pot Turtles 4:00 Dancing through the decades Victoria Day (Canada)	24 10:00 Move and Groove 11:00 Bridges of the World 2:00 Word games 3:00 Expressions of Art 4:00 Bowling	25 10:00 Shake and wiggle 11:00 Funny hour 2:00 Today in History: Inventions of the world 3:00 Men's Club with Mitch/ Art hour- Experimental flowers 4:00 Ball toss	26 10:00 Stretch and Move 10:30 Communion and Prayer 11:00 Word games 2:00 Baking: Blueberry cheesecake 3:00 Today in history: The Model T 4:00 Full moon names	27 10:00 Chair exercises 11:00 Disney's Goofy trivia 2:00 Happy hour 3:00 Creating art 4:00 Sing along	28 10:00 Stretcherchise 11:00 Art 3:00 Balloon toss 4:00 Trivia
29 10:00 Stretch and shake 10:30 Sunday prayer and worship 11:00 Art 3:00 Trivia	30 10:00 Chair stretches 11:00 Scenic drive with Charlie 2:00 Memorial Day trivia and remembrance 3:00 Patriotic Sing along 4:00 Word games Memorial Day	31 10:00 Move and Groove 11:00 Art 2:00 Reminiscing through the decades 3:00 Balloon volley 4:00 Manicures	<div> <div>May 2022</div> <div>Spring Mill Memory Care</div> </div>			

**All activities subject to change

Activities bolded in Blue= Sensory based activities