MON WED **FRI**



10:00 Exercise for Seniors (Ch 10:00 Ćatholic Services with St.

Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie & Friends* (Ch 1979)

11:10 Sunday News & Horoscopes (MM-3rd

1:30 Catholic Mass (Ch 1979)

2:00 Valentine's Day Jingo (MM-3rd Fl) 3:00 Make & Take: Valentine's Day Greeting Cards (AR- 2nd Fl)

6:45 Movie: Mr. Deéds (Ch 1979)

Super Bowl Sunday

10:00 Exercise for Seniors (Ch 1979) 10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie &

Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl)

1:30 Catholic Mass (Ch 1979) 2:00 Valentine's Day Trivia & Word Games (MM-3rd FI)

3:00 Valentine's Day Tea & Poetry Reading (P-1st Fl)

6:30 Super Bowl Tailgate Party (MM-3rd Fl) 6:45 Movie: An Affair to Remember (Ch 1979)

10:00 Exercise for Seniors (Ch

10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie &

Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd

1:30 Catholic Mass (Ch 1979) 2:00 Cornhole (MM-3rd Fl)

3:00 Make Your Own Ice Cream Sundae (P-1st Fl)

6:45 Movie: The Other Woman (Ch 1979)

10:00 Exercise for Seniors (Ch 10:00 Catholic Services with St.

Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie &

Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd

1:30 Catholic Mass (Ch 1979)

2:00 Sunday Scribblings with Katie (AR- 2nd

3:00 Ice Cream Novelty Social (P-1st Fl) 6:45 Movie: The Princess Bride (Ch 1979)

9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:00 Exercise for Seniors (Ch 1979) 10:45 Card Club (Resident Led) (C-1st

10:45 Mystery Monday: The D.B. Cooper Disappearance (MM-3rd Fl)

2:00 Crafty Crew: Flower Seed Paper Hearts (AR-2:00 Scrabble (Resident Led) (AR- 2nd Fl)

2:00 Shopping Run: Walmart (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl)

6:45 Movie: Scooby Doo (Ch 1979)

Valentine's Day

9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:00 Exercise for Seniors (Ch 1979) 10:45 Card Club (Resident Led) (C-1st

10:45 Spotlight on Valentine's Day (MM-3rd Fl) 2:00 Culinary Club: Red Velvet Cake Truffles (AR-

2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Giant (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents)

(MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Casablanca (Ch 1979)

President's Day

9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:00 Exercise for Seniors (Ch 1979) 10:45 Card Club (Resident Led) (C-1st

10:45 Spotlight on President's Day (MM-3rd Fl) 2:00 Crafty Crew: Winter Glitter Calming Bottle (AR- 2nd FI)

2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Boscovs (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents)

3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: The Birdcage (Ch 1979)

9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:00 Exercise for Seniors (Ch 1979) 10:45 Card Club (Resident Led)

10:45 Spotlight on Sidney Poitier (MM-3rd Fl) 2:00 Culinary Club: Buttercream Cookies (AR

2:00 Scrabble (Resident Led) (AR- 2nd Fl) 2:00 Shopping Run: Redner's (L/OOB/\$\$/*) 3:00 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl)

3:45 Wii Bowling (3rd Floor Residents) (MM-3rd

6:45 Movie: Leap Year (Ch 1979)

9:45 Exercise with Weights (MM-3rd

9:45 Shopping Run: Walgreen's Pharmacy (L/OOB/\$\$/*) 10:45 Katie's Corner: Organizing the

Mind & Body (MM-3rd Fl) 1:45 Celebrate the Chinese New Year: History, Traditions, Superstitions, & Taboos (MM-3rd Fl)

2:45 Destination Education: China (MM-3rd Fl) 3:30 Name That Tune: Songs with Heart in the Title (MM-3rd Fl)

4:30 Themed Dinner: Chinese (DR) 5:30 Themed Dinner: Chinese (DR) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Julie & Julia (Ch 1979)

9:45 Exercise with Weights (MM-3rd Fl) 10:00 Exercise for Seniors (Ch

10:45 Katie's Corner: Heart & Soul, What and Who Do You Love? (MM-3rd Fl)

:45 Watercolors on Canvas: Hearts (AR-2nd Fl) 2:45 Science for Seniors (AR- 2nd Fl)

3:30 Spring Mill Chorus (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Seven Pounds (Ch 1979)

9:45 Exercise with Weights (MM-3rd Fl) 10:00 Exercise for Seniors (Ch

10:45 Katie's Corner: Where is Home? (MM-3rd Fl)

1:45 Paint by Number (AR- 2nd Fl) 2:45 Balloon Volleyball (MM-3rd Fl)

3:30 Name That Tune: Songs Inspired by the Civil Rights Movement (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl)

7:45 Movie: Dirty Dancing (Ch 1979)

9:45 Exercise with Weights (MM-3rd Fl)

10:00 Exercise for Seniors (Ch

10:45 Katie's Corner: Check In, Self-Love (MM-3rd Fl)

1:45 Bingo Bucks Bonanza!! (3rd Floor Residents) (MM-3rd Fl)

2:30 Bingo Bucks Bonanza!! (1st & 2nd Floor Residents) (MM-3rd Fl) 3:30 Spring Mill Chorus (MM-3rd Fl)

6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Ugly Truth (Ch 1979)

LOCATION KEY

AR- 2nd Fl - Activity Room C-1st Fl - Cafe Ch 1979 - Channel 1979

DR - Dining Room

MM-3rd Fl - Media Room

Groundhog Day

9:30 Daily Devotional (MM-3rd Fl) 9:45 Balance in Action Exercise Class (MM-3rd Fl)

10:45 Groundhog Day History,
Trivia, and Word Games (MM-3rd Fl) 2:00 Celebrations Showcase & Description & All

About February Social (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C-1st Fl) 2:45 Movie Matinee: Groundhog Day (MM-3rd Fl) 4:00 Celebrations Planning Committee (MM-3rd

6:45 Movie: The King's Speech (Ch 1979)

10:45 Reveal a Picture: Famous Couples

2:00 New Resident Social (P-1st Fl)

4:00 Crossword Puzzle (MM-3rd Fl)

9:30 Daily Devotional (MM-3rd

9:45 Balance in Action Exercise

10:00 Exercise for Seniors (Ch 1979)

2:00 Resident Birthday Celebration with

3:30 Who Am I? Famous February Birthdays

4:00 President's Day Mad Libs (MM-3rd Fl)

6:45 Movie: What Women Want (Ch 1979)

Celebrate Black History Month (MM-3rd Fl)

2:00 Make & Take: Chocolate Dipped Delights

2:00 Rummikub Game (Resident Led) (C-1st Fl

6:45 Movie: Weekend at Bernies (Ch 1979)

L/OOB/\$\$/* - Meet in

PS - Physician's Suite

Lobby/Out of Building/

Cost Involved/Registration

PDR - Private Dining Room

6:45 Wine Down Wednesday Wine Tasting

9:30 Daily Devotional (MM-3rd Fl)

10:00 Exercise for Seniors (Ch 1979)

4:00 Technology & You (MM-3rd Fl)

9:45 Balance in Action Exercise

10:45 Putting the Past in Order:

6:45 Movie: Ghost (Ch 1979)

Class (MM-3rd Fl)

Michael Kropp (DR)

(MM-3rd Fl)

Class (MM-3rd Fl)

(AR- 2nd Fl)

Required

P-1st Fl - PUB

(Fictional & Non-Fictional) (MM-3rd Fl)

2:00 Rummikub Game (Resident Led) (C-1st

3:00 Family Feud: Valentine's Day Edition

9:30 Daily Devotional (MM-3rd Fl)

9:45 Balance in Action Exercise

0:00 Exercise for Seniors (Ch

Class (MM-3rd Fl)

(MM-3rd Fl)

Fl)

9:45 Forever Young Fitness Class (MM-3rd Fl) 10:30 Rosary with The Legion of

Mary (PDR)

10:45 Today in History (MM-3rd Fl) 1:30 FREE Hearing Screenings & Hearing
Aid Cleanings (PS)

2:00 Resident Council (MM-3rd Fl) 3:15 Knotter's Club (MM-3rd Fl)

4:00 Knowing the Natural World: Artic Animals (MM-3rd Fl)

6:45 Bingo (MM-3rd Fl) 7:45 Movie: Man of the Year (Ch 1979)

9:45 Forever Young Fitness Class (MM-3rd Fl)

10:00 Exercise for Seniors (Ch 1979) 10:30 Rosary with The Legion of Mar 10:45 Today in History (MM-3rd Fl)

2:00 Jeopardy (MM-3rd Fl) 3:00 Drumming Exercise Class (MM-3rd Fl) 3:30 Men's Club (P-1st Fl)

4:00 Technology of Today: Women of Science (MM-3rd Fl) 4:30 Dining Club Out: General Warren (L/OOB/

6:45 Bingo (MM-3rd Fl)

7:45 Movie: The Way We Were (Ch 1979)

9:45 Forever Young Fitness Class (MM-3rd Fl) 10:00 Exercise for Seniors (Ch

10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl)

2:00 Wheel of Fortune (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C-1st 3:00 Cooking Demonstration (P-1st Fl)

4:00 Moments in History: The Harlem Renaissance (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl)

7:45 Movie: West Side Story (Ch 1979)

9:45 Forever Young Fitness Class (MM-3rd Fl)

10:00 Exercise for Seniors (Ch 10:30 Rosary with The Legion of Mary (PDR)

10:45 Today in History (MM-3rd Fl) 2:00 Culinary Services Meeting (MM-3rd Fl) 3:00 Drumming Exercise Class (MM-3rd Fl)

3:30 Men's Club (P-1st Fl) 4:00 Exploring Countries, Then & Now: China (MM-3rd Fl)

6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Switch (Ch 1979)

Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl)

Wear Red Day!

Edwards (DR)

9:45 Exercise with Noodles (MM-3rd

10:30 Coffee & Current Events

Discussion (P-1st Fl)

Browning (MM-3rd Fl)

11:15 Wii Bowling (3rd Floor Residents) (MM-3rd

2:00 Happy Hour with Entertainment by Jimmy

3:15 Poetry Appreciation: Elizabeth Barrett

4:00 Category Word Game: CHIRP (MM-3rd Fl)

6:45 Movie: Miss Congeniality (Ch 1979)

9:45 Exercise with Noodles (MM-3rd

Fl) 10:00 Exercise for Seniors (Ch 1979)

10:30 Coffee & Current Events

2:00 Happy Hour with Entertainment by Bruce 3:15 Classical Music Appreciation: Greatest Love Songs (MM-3rd Fl)

4:00 Valentine's Day A to Z (MM-3rd Fl) 6:45 Movie: Singing in the Rain (Ch 1979)

9:45 Exercise with Noodles (MM-3rd Fl) 10:00 Exercise for Seniors (Ch 1979)

9:45 Exercise with Noodles (MM-3rd

Fl) 10:00 Exercise for Seniors (Ch 1979)

10:30 Wii Bowling (1st & 2nd Floor Residents)

2:00 Happy Hour with Entertainment by Lisa

4:00 Food for Thought: Jell-O (MM-3rd Fl)

3:15 Listen & Learn: Bob Marley & The History of

6:45 Movie: Sunday in the Park with George (Ch

11:15 Wii Bowling (3rd Floor Residents) (MM-3rd Fl)

10:30 Coffee & Current Events

Reggae Music (MM-3rd Fl)

Discussion (P-1st Fl)

(MM-3rd Fl)

Lehrman (DR)

10:30 Coffee & Current Events Discussion (P-1st Fl) 10:30 Wii Bowling (1st & 2nd Floor Residents)

(MM-3rd FI) 11:15 Wii Bowling (3rd Floor Residents) (MM-3rd

2:00 Happy Hour and Bar Trivia (C-1st Fl) 3:15 Art Appreciation: Grant Wood (MM-3rd Fl)

4:00 Category Word Game: ATOMS (MM-3rd Fl) 6:45 Movie: It's Complicated (Ch 1979)

Seniors (Ch 1979) 11:10 Weekly Trivia 10:30 Wii Bowling (1st & 2nd Floor Residents)

Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl)

10:00 Exercise for

1:15 Wii Bowling (3rd Floor Residents) (MM-3rd 3:15 Needlepoint with John

(AR- 2nd Fl) 6:45 Movie: The Return of the

Pink Panther (Ch 1979) 10:00 Exercise for Seniors (Ch 1979)

11:10 Weekly Trivia Challenge (MM-3rd Fl)

2:00 Bingo (MM-3rd Fl) 3:15 Make & Take: Valentine's Day Chocolates (AR- 2nd Fl)

6:45 Movie: A Street Car Named Desire (Ch 1979)

10:00 Exercise for Seniors (Ch 1979)

11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl)

3:15 Ladderball (MM-3rd Fl)

6:45 Movie: A Midsummer Night's Dream (Ch 1979)

10:00 Exercise for Seniors 26 (Ch 1979)

11:10 Weekly Trivia Challenge (MM-3rd Fl) 1:30 Designer Bag Bingo at

Kimberton Fire Hall (L/OOB/\$\$/*) 2:00 Bingo (MM-3rd Fl) 3:15 Yoga with Katie (MM-3rd Fl)

6:45 Movie: The Truth About Cats and Dogs (Ch 1979)

The Celebrations program is subject to change. Please refer to your daily program schedule for updates.

February 2022

Spring Mill Senior Living 3000 Balfour Circle Phoenixville, PA 19460



