


**SUN MON TUE WED THUR FRI SAT**

	<p><b>1</b></p> <p>9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Burt Lancaster (MM-3rd Fl) 2:00 Crafty Crew: Button Indian Corn (AR-2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Wii Bowling (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Beyond Suspicion (Ch 1979)</p>	<p><b>2</b></p> <p>9:45 Exercise with Weights (MM-3rd Fl) 9:45 Shopping Run: Walgreen's Pharmacy (L/OOB/\$\$/*) 10:45 Just Us Guys (JUG): Poker (MM-3rd Fl) 10:45 Katie's Corner: Nutrition and Mental Health (P-1st Fl) 1:45 November Celebrations Showcase &amp; Description (MM-3rd Fl) 2:45 Balloon Volleyball (MM-3rd Fl) 3:30 Spring Mill Chorus (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Way We Were (Ch 1979)</p>	<p><b>3</b></p> <p>9:30 Daily Devotional (MM-3rd Fl) 9:45 Balance in Action Exercise Class (MM-3rd Fl) 10:45 Picture Trivia (MM-3rd Fl) 2:00 All About November Social (P-1st Fl) 2:00 Rummikub Game (Resident Led) (C) 3:00 Reflections on Kindness (MM-3rd Fl) 4:00 Celebrations Planning Committee (MM-3rd Fl) 6:45 Movie: The Patriot (Ch 1979)</p>	<p><b>4</b></p> <p>9:45 Forever Young Fitness Class (MM-3rd Fl) 10:30 Rosary with The Legion of Mary (PDR) 10:30 Veteran's Day Celebration (MM-3rd Fl) 10:45 Today in History (MM-3rd Fl) 1:30 FREE Hearing Screenings &amp; Hearing Aid Cleanings (PS) 2:00 Resident Council (MM-3rd Fl) 3:15 Knott's Club (MM-3rd Fl) 4:00 Knowing the Natural World: Endangered Animal Species (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Sons of Katie Elder (Ch 1979)</p>	<p><b>5</b></p> <p>9:45 Exercise with Noodles (MM-3rd Fl) 10:30 Coffee &amp; Current Events Discussion (P-1st Fl) 10:45 Wii Bowling (1st &amp; 2nd Floor Residents) (MM-3rd Fl) 11:30 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour (DR) 3:15 Poetry Appreciation: Lord Byron (MM-3rd Fl) 4:00 Category Word Game: GLOBE (MM-3rd Fl) 6:45 Movie: Blazing Saddles (Ch 1979)</p>	<p><b>6</b></p> <p>10:00 Exercise with Vicky (Ch 1979) 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Tea Party (P-1st Fl) 6:45 Movie: Ghost (Ch 1979)</p>
<p><b>7</b></p> <p><b>Daylight Savings Time Ends</b> 10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie &amp; Friends* (Ch 1979) 11:10 Sunday News &amp; Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Guided Meditation (MM-3rd Fl) 3:00 Make Your Own Ice Cream Sundae (P-1st Fl) 6:45 Movie: Guess Who (Ch 1979)</p>	<p><b>8</b></p> <p>9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Charles Bronson (MM-3rd Fl) 2:00 Culinary Club: Oatmeal Raisin Cookies (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Wii Bowling (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: The Manchurian Candidate (Ch 1979)</p>	<p><b>9</b></p> <p>9:45 Exercise with Weights (MM-3rd Fl) 10:45 Just Us Guys (JUG): Cornhole (MM-3rd Fl) 10:45 Katie's Corner: Kindness, A Prescription for Health (P-1st Fl) 11:30 Dining Club Out: Sly Fox Brewery &amp; Eatery (L/OOB/\$\$/*) 1:45 Watercolors on Canvas: Cornocopia (AR-2nd Fl) 2:45 Thank a Veteran: Make a Gift (AR- 2nd Fl) 3:30 Name That Tune (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: A Beautiful Mind (Ch 1979)</p>	<p><b>10</b></p> <p>9:30 Daily Devotional (MM-3rd Fl) 9:45 Balance in Action Exercise Class (MM-3rd Fl) 10:45 Reveal a Picture: Celebrate Jim Henson (MM-3rd Fl) 2:00 New Resident Social (P-1st Fl) 2:00 Rummikub Game (Resident Led) (C) 2:30 Scenic Drive with Charlie (L/OOB) 3:00 Music Bingo (MM-3rd Fl) 4:00 Technology of Today: The Development of the Cell Phone (MM-3rd Fl) 6:45 Movie: Arlington Road (Ch 1979)</p>	<p><b>11</b></p> <p><b>Veterans Day</b> 9:45 Forever Young Fitness Class (MM-3rd Fl) 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Jeopardy (MM-3rd Fl) 3:00 Drumming Exercise Class (MM-3rd Fl) 3:30 Men's Club (P-1st Fl) 4:00 Veteran's Day Word Games (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: No Country for Old Men (Ch 1979)</p>	<p><b>12</b></p> <p>9:45 Exercise with Noodles (MM-3rd Fl) 10:30 Coffee &amp; Current Events Discussion (P-1st Fl) 10:45 Wii Bowling (1st &amp; 2nd Floor Residents) (MM-3rd Fl) 11:30 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour (DR) 3:15 Classical Music Appreciation: Claude Debussy (MM-3rd Fl) 4:00 Technology &amp; You (MM-3rd Fl) 6:45 Movie: Commandos (Ch 1979)</p>	<p><b>13</b></p> <p>10:00 Exercise with Vicky (Ch 1979) 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Needlepoint with John (AR- 2nd Fl) 6:45 Movie: The Brothers' Grimm (Ch 1979)</p>
<p><b>14</b></p> <p>10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie &amp; Friends* (Ch 1979) 11:10 Sunday News &amp; Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Cornhole (MM-3rd Fl) 3:00 Soda Float Social (P-1st Fl) 6:45 Movie: An American in Paris (Ch 1979)</p>	<p><b>15</b></p> <p>9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Mystery Monday: The Phoenix Lights (MM-3rd Fl) 2:00 Crafty Crew: Pinecone Turkeys (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Wii Bowling (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Last Stand at Saber River (Ch 1979)</p>	<p><b>16</b></p> <p>9:45 Exercise with Weights (MM-3rd Fl) 10:45 Just Us Guys (JUG): Ladderball (MM-3rd Fl) 10:45 Katie's Corner: Social Capital &amp; Societal Worth (P-1st Fl) 1:45 Paint by Number (AR- 2nd Fl) 2:45 "Get Pickled" Pickle Tasting (P-1st Fl) 3:30 Spring Mill Chorus (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: The Phantom of the Opera (Ch 1979)</p>	<p><b>17</b></p> <p>9:30 Daily Devotional (MM-3rd Fl) 9:45 Balance in Action Exercise Class (MM-3rd Fl) 10:45 Picture Trivia (MM-3rd Fl) 2:00 Resident Birthday Celebration 2:00 Rummikub Game (Resident Led) (C) 3:15 Who am I? Famous November Birthdays (MM-3rd Fl) 4:00 Food for Thought: Pumpkin (MM-3rd Fl) 6:45 Movie: The Perfect Storm (Ch 1979)</p>	<p><b>18</b></p> <p>9:45 Forever Young Fitness Class (MM-3rd Fl) 10:30 Rosary with The Legion of Mary (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Wheel of Fortune (MM-3rd Fl) 3:00 Celebrate World Philosophy Day (MM-3rd Fl) 4:00 Moment's in History: Richard Nixon &amp; Watergate (MM-3rd Fl) 4:30 Dining Out Club: Pomodoro Pizza &amp; Italian Restaurant (L/OOB/\$\$/*) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Live Free or Die Hard (Ch 1979)</p>	<p><b>19</b></p> <p>9:45 Exercise with Noodles (MM-3rd Fl) 10:30 Coffee &amp; Current Events Discussion (P-1st Fl) 10:45 Wii Bowling (1st &amp; 2nd Floor Residents) (MM-3rd Fl) 11:30 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour &amp; Bar Trivia (P-1st Fl) 3:15 Art Appreciation: Rembrandt (MM-3rd Fl) 4:00 Thanksgiving A to Z (MM-3rd Fl) 6:45 Movie: American Gangster (Ch 1979)</p>	<p><b>20</b></p> <p>10:00 Exercise with Vicky (Ch 1979) 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Yoga with Katie (MM-3rd Fl) 6:45 Movie: A Midsummer Night's Dream (Ch 1979)</p>
<p><b>21</b></p> <p>10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie &amp; Friends* (Ch 1979) 11:10 Sunday News &amp; Horoscopes (MM-3rd Fl) 1:00 Tailgaters: Eagles Vs Saints (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Sunday Scribblings with Katie (AR- 2nd Fl) 3:00 Ice Cream Novelty Social (P-1st Fl) 6:45 Movie: Monte Walsh (Ch 1979)</p>	<p><b>22</b></p> <p>9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Walter Cronkite (MM-3rd Fl) 2:00 Culinary Club: Cranberry Walnut Bread (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Wii Bowling (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Shooter (Ch 1979)</p>	<p><b>23</b></p> <p>9:45 Exercise with Weights (MM-3rd Fl) 10:45 Just Us Guys (JUG): Scenic Drive (MM-3rd Fl) 10:45 Katie's Corner: Nature Vs Nature, How Did We Come to Be? (P-1st Fl) 1:45 Destination Education: New Zealand (MM-3rd Fl) 2:30 Dessert Making with Holisticare (AR- 2nd Fl) 3:30 Name That Tune (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Avatar (Ch 1979)</p>	<p><b>24</b></p> <p>9:30 Daily Devotional (MM-3rd Fl) 9:45 Balance in Action Exercise Class (MM-3rd Fl) 10:45 Reveal a Picture: Historical Bridges (MM-3rd Fl) 2:00 Culinary Committee (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C) 3:00 Family Feud (MM-3rd Fl) 4:00 Exploring Countries, Then &amp; Now: Australia (MM-3rd Fl) 6:45 Movie: The Island (Ch 1979) 6:45 Wine Down Wednesday Wine Tasting (P-1st Fl)</p>	<p><b>25</b></p> <p><b>Thanksgiving</b> 11:10 Today in History (MM-3rd Fl) 2:00 Thanksgiving History &amp; Word Games (MM-3rd Fl) 3:00 Paint a Wooden Turkey (AR- 2nd Fl) 7:45 Movie: Freaky Friday (Ch 1979)</p>	<p><b>26</b></p> <p>9:45 Exercise with Noodles (MM-3rd Fl) 10:30 Coffee &amp; Current Events Discussion (P-1st Fl) 10:45 Wii Bowling (1st &amp; 2nd Floor Residents) (MM-3rd Fl) 11:30 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour (DR) 3:15 Listen &amp; Learn: Aretha Franklin (MM-3rd Fl) 4:00 Category Word Game: BLIMP (MM-3rd Fl) 6:45 Movie: Catch &amp; Release (Ch 1979)</p>	<p><b>27</b></p> <p>10:00 Exercise with Vicky (Ch 1979) 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Ladderball 6:45 Movie: Volunteers (Ch 1979)</p>
<p><b>28</b></p> <p>10:00 Catholic Services with St. Basil's Church (MM-3rd Fl) 10:30 Hymns and More with Ochie &amp; Friends* (Ch 1979) 11:10 Sunday News &amp; Horoscopes (MM-3rd Fl) 1:00 Tailgaters: Eagles Vs Giants (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Cornhole (MM-3rd Fl) 3:00 Religious Studies: Hanukkah (MM-3rd Fl) 6:45 Movie: Dances with Wolves (Ch 1979)</p>	<p><b>29</b></p> <p><b>Hanukkah</b> 9:30 Monday's Mantra (MM-3rd Fl) 9:45 Exercise Class (MM-3rd Fl) 10:45 Card Club (Resident Led) (C-1st Fl) 10:45 Spotlight on Dick Clark (MM-3rd Fl) 2:00 Crafty Crew: Winter Glitter Calming Bottle 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Wii Bowling (MM-3rd Fl) 3:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 6:45 Movie: Mr. Mom (Ch 1979)</p>	<p><b>30</b></p> <p>9:45 Exercise with Weights (MM-3rd Fl) 10:45 Just Us Guys (JUG): (MM-3rd Fl) 10:45 Katie's Corner: Check In, Feeling Fulfilled (P-1st Fl) 1:45 Bingo Bucks Bonanza!! (3rd Floor Residents) (MM-3rd Fl) 2:30 Bingo Bucks Bonanza!! (1st &amp; 2nd Floor Residents) (MM-3rd Fl) 3:30 Spring Mill Chorus (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Much Ado About Nothing (Ch 1979)</p>	<p><b>LOCATION KEY</b> AR- 2nd Fl - Activity Room C-1st Fl - Cafe Ch 1979 - Channel 1979 DR - Dining Room</p>	<p>L/OOB - Lobby/Out Of Building MM-3rd Fl - Media Room L/OOB/\$\$/* - Meet in Lobby/Out of Building/ Cost Involved/</p>	<p>Registration Required PS - Physician's Suite PDR - Private Dining Room P-1st Fl - PUB</p>	<p>The Celebrations program is subject to change. Please refer to your daily program schedule for updates.</p>

# November 2021

**Spring Mill Senior Living**  
3000 Balfour Circle Phoenixville, PA 19460

