


SUN	MON	TUE	WED	THUR	FRI	SAT
 CELEBRATIONS ACTIVITIES & EVENTS	The Celebrations program schedule is subject to change. Please refer to your daily program schedules for updates.				New Year's Day 10:00 Exercise with Vicky (Ch 1979) 1 11:10 New Years Traditions from Around the World (MM-3rd Fl) 2:00 Happy New Year Happy Hour (MM-3rd Fl) 3:15 New Years A to Z (MM-3rd Fl) 6:45 Movie: The Blind Side (Ch 1979)	10:00 Exercise with Vicky (Ch 1979) 2 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 2020: Plans, Hopes, Wishes (MM-3rd Fl) 6:45 Movie: The Patriot (Ch 1979)
10:00 Catholic Services: Resident Led (MM-3rd Fl) 3 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:00 Tailgaters: Eagles Vs Washington (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Soda Float Social (P-1st Fl) 3:00 Lucky Dog Card Game (C-1st Fl) 3:30 Church Service - United Church of Christ (Ch 1979) 6:45 Movie: The Phantom of the Opera (Ch 1979)	9:45 Exercise Class (MM-3rd Fl) 4 10:45 Spotlight on Mary Lou Retton (MM-3rd Fl) 2:00 Culinary Club: Banana Chocolate Chip Muffins (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Card Club: Poker (C) 4:00 Food for Thought: Peanut Butter (MM-3rd Fl) 6:45 Movie: The Bodyguard (Ch 1979)	9:45 Exercise with Weights (MM-3rd Fl) 5 10:45 Discussion with Katie: Being Mindful (MM-3rd Fl) 1:45 Laugh & Learn (MM-3rd Fl) 2:45 Trail Mix Bar (P-1st Fl) 3:30 Tunes with Tony (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Man of the Year (Ch 1979)	9:45 Balance in Action Exercise Class (MM-3rd Fl) 6 10:45 Picture Trivia (MM-3rd Fl) 2:00 Fire Safety with Mike (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C) 2:00 Scenic Drive with John (L) 3:00 Name That Tune (MM-3rd Fl) 4:00 Word Search Competition (MM-3rd Fl) 6:45 Movie: Spartacus (Ch 1979)	9:45 TheraBand Thursday Exercise Class (MM-3rd Fl) 7 10:45 Rosary (Resident Led) (PDR) 10:45 Today in History (MM-3rd Fl) 1:00 FREE Hearing Screenings & Hearing Aid Cleanings (PS) 2:00 Wheel of Fortune (MM-3rd Fl) 3:00 Knotter's Club (MM-3rd Fl) 4:00 Category Word Game: SMART 6:45 Bingo (MM-3rd Fl) 7:45 Movie: A Midsummer Night's Dream (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 8 10:45 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour with Entertainment by Tony (DR) 3:15 Art Appreciation: Georgia O'Keefe (MM-3rd Fl) 4:00 Elvis Tunes & Trivia (MM-3rd Fl) 6:45 Movie: The King's Speech (Ch 1979)	10:00 Exercise with Vicky (Ch 1979) 9 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Who Am I? What Am I? (MM-3rd Fl) 6:45 Movie: Big Miracle (Ch 1979)
10:00 Catholic Services: Resident Led (MM-3rd Fl) 10 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Cornhole (MM-3rd Fl) 3:00 Pokeno (MM-3rd Fl) 3:30 Church Service - United Church of Christ (Ch 1979) 6:45 Movie: West of the Divide (Ch 1979)	9:45 Exercise Class (MM-3rd Fl) 11 10:45 Spotlight on John Travolta (MM-3rd Fl) 2:00 Crafty Crew: Snowmen (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Card Club: Rummy (C) 4:00 Celebrations Planning Committee (MM-3rd Fl) 6:45 Movie: Carousel (Ch 1979)	9:45 Exercise with Weights (MM-3rd Fl) 12 10:45 Discussion with Katie: Self-Care Strategies (MM-3rd Fl) 1:45 Couples Club (P-1st Fl) 2:45 Answer Battle (MM-3rd Fl) 3:30 Tunes with Tony (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Lawrence of Arabia (Ch 1979)	9:45 Balance in Action Exercise Class (MM-3rd Fl) 13 10:45 Duck Donuts & Rubber Duckies (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C) 2:00 Scenic Drive with John (L) 2:00 Spring Mill Chorus (MM-3rd Fl) 3:00 Name That Tune (MM-3rd Fl) 4:00 Crossword Puzzle (MM-3rd Fl) 6:45 Movie: Arsenic and Old Lace (Ch 1979)	9:45 TheraBand Thursday Exercise Class (MM-3rd Fl) 14 10:45 Rosary (Resident Led) (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Jeopardy (MM-3rd Fl) 3:00 Men's Club (P-1st Fl) 4:00 Fads & Fashions of the '40s (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Breakfast at Tiffany's (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 15 10:45 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour with Entertainment by Tony (DR) 3:15 Listen & Learn: Sam Cooke (MM-3rd Fl) 4:00 Scattergories (MM-3rd Fl) 6:45 Movie: Pretty in Pink (Ch 1979)	10:00 Exercise with Vicky (Ch 1979) 16 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Talking Over Tea (P-1st Fl) 6:45 Movie: Pillow Talk (Ch 1979)
10:00 Catholic Services: Resident Led (MM-3rd Fl) 17 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Creative Coloring (AR- 2nd Fl) 3:00 Learn to Play Sudoku (MM-3rd Fl) 3:30 Church Service - United Church of Christ (Ch 1979) 6:45 Movie: An Affair to Remember (Ch 1979)	Martin Luther King Jr. Day 9:45 Exercise Class (MM-3rd Fl) 18 10:45 Spotlight on Martin Luther King, Jr (MM-3rd Fl) 2:00 Culinary Club: S'mores Cookie Bars (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Card Club: Black Jack (C) 4:00 Volunteer Committee (MM-3rd Fl) 6:45 Movie: Les Miserables (Ch 1979)	9:45 Exercise with Weights (MM-3rd Fl) 19 10:45 Discussion with Katie: Keeping an Active Mind and Body (MM-3rd Fl) 1:45 Reveal a Picture (MM-3rd Fl) 2:45 Guess the Flavor (P-1st Fl) 3:30 Tunes with Tony (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: It Happened One Night (Ch 1979)	Inauguration Day 9:45 Balance in Action Exercise Class (MM-3rd Fl) 20 10:45 Picture Trivia (MM-3rd Fl) 2:00 Resident Birthday Celebration (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C) 2:00 Scenic Drive with John (L) 3:00 Name That Tune (MM-3rd Fl) 4:00 Who Am I? Famous January Birthdays (MM-3rd Fl) 6:45 Movie: Red River (Ch 1979)	9:45 TheraBand Thursday Exercise Class (MM-3rd Fl) 21 10:45 Rosary (Resident Led) (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Wheel of Fortune (MM-3rd Fl) 3:00 Chocolate Dipping (AR- 2nd Fl) 4:00 Category Word Game: FROST (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Driving Miss Daisy (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 22 10:45 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour with Entertainment by Tony (DR) 3:15 Destination Education: Poland (MM-3rd Fl) 4:00 Hollywood Squares (MM-3rd Fl) 6:45 Movie: Woman of the Year (Ch 1979)	10:00 Exercise with Vicky (Ch 1979) 23 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Would You Rather? (MM-3rd Fl) 6:45 Movie: When Harry Met Sally (Ch 1979)
10:00 Catholic Services: Resident Led (MM-3rd Fl) 24 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Cornhole (MM-3rd Fl) 3:00 Pokeno (MM-3rd Fl) 3:30 Church Service - United Church of Christ (Ch 1979) 6:45 Movie: The Philadelphia Story (Ch 1979)	9:45 Exercise Class (MM-3rd Fl) 25 10:45 Spotlight on Oprah Winfrey (MM-3rd Fl) 2:00 Crafty Crew: Snow Globes (AR- 2nd Fl) 2:00 Scrabble (Resident Led) (AR- 2nd Fl) 3:00 Card Club: Pinochle (C) 4:00 Gardening Club (AT-2nd Fl) 6:45 Movie: Hairspray (Ch 1979)	9:45 Exercise with Weights (MM-3rd Fl) 26 10:45 Discussion with Katie: The Little Things (MM-3rd Fl) 1:45 Bingo Bucks Bonanza!! (1st & 2nd Floor Residents) (MM-3rd Fl) 2:45 Bingo Bucks Bonanza!! (3rd Floor Residents) (MM-3rd Fl) 3:30 Tunes with Tony (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Meet Me in St. Louis (Ch 1979)	9:45 Balance in Action Exercise Class (MM-3rd Fl) 27 10:45 Memorial Service (MM-3rd Fl) 2:00 Rummikub Game (Resident Led) (C) 2:00 Scenic Drive with John (L) 2:00 Spring Mill Chorus (MM-3rd Fl) 3:00 Name That Tune (MM-3rd Fl) 4:00 Snowy Day Poetry Appreciation (MM-3rd Fl) 6:45 Movie: Sleepless in Seattle (Ch 1979)	9:45 TheraBand Thursday Exercise Class (MM-3rd Fl) 28 10:45 Rosary (Resident Led) (PDR) 10:45 Today in History (MM-3rd Fl) 2:00 Resident Council (MM-3rd Fl) 3:05 Men's Club (P-1st Fl) 4:00 Technology & You (MM-3rd Fl) 6:45 Bingo (MM-3rd Fl) 7:45 Movie: Steel Magnolias (Ch 1979)	9:45 Exercise with Noodles (MM-3rd Fl) 29 10:45 Wii Bowling (1st & 2nd Floor Residents) (MM-3rd Fl) 11:45 Wii Bowling (3rd Floor Residents) (MM-3rd Fl) 2:00 Happy Hour with Entertainment by Tony (DR) 3:15 Ted Talk & Discussion (MM-3rd Fl) 4:00 Frisbee Disc Golf (MM-3rd Fl) 6:45 Movie: The Maltese Falcon (Ch 1979)	10:00 Exercise with Vicky (Ch 1979) 30 11:10 Weekly Trivia Challenge (MM-3rd Fl) 2:00 Bingo (MM-3rd Fl) 3:15 Hot Chocolate Social & Winter Humor (P-1st Fl) 6:45 Movie: Tootsie (Ch 1979)
10:00 Catholic Services: Resident Led (MM-3rd Fl) 31 10:30 Hymns and More with Ochie & Friends* (Ch 1979) 11:10 Sunday News & Horoscopes (MM-3rd Fl) 1:30 Catholic Mass (Ch 1979) 2:00 Cover the Number (C) 3:00 Headbands (C) 3:30 Church Service - United Church of Christ (Ch 1979) 6:45 Movie: Vertigo (Ch 1979)	ROOM KEY C-1st Fl - Cafe Ch 1979 - Channel 1979 DR - Dining Room L - Lobby	PS - Physician's Suite PDR - Private Dining Room P-1st Fl - PUB AT-2nd Fl - Second Floor Atrium				

January 2021

Spring Mill Senior Living
3000 Balfour Circle Phoenixville, PA 19460

