



Spring Mill Senior Living Sample Menu

Breakfast

Strawberry Belgian Waffle Sausage Link
Fresh Fruit 100% Juice
cranberry, apple, etc

Lunch

Cream of Asparagus Soup Spinach with Chicken Feta Salad
or
Bourbon BBQ Pork Sandwich with Broccoli Tortellini Salad

Sides

Creamy Coleslaw - Baked Roll - Ranch Potato Wedges

Dinner

Turkey Piccata
or
Shrimp Stuffed Flounder Garlic Pasta

Sides

Creamy Au Gratin Potatoes
Roasted Cauliflower and Peppers
Glazed Baby Carrots

Dessert

Crepe Brulee